2026 INTERNATIONAL TRAUMA RECOVERY CONFERENCE

Conference Report

July 20th, 2026

St Lukes International University · Hybrid event



Researchers, practitioners, and survivors from Japan and abroad came together to reimagine trauma recovery as the restoration of agency, connection, and hope

327

TOTAL ATTENDANCE AND VIEWS

156

IN-PERSON

126 attendees + 30 organizers & staff

123

ZOOM

110 general / supporter / survivor + 13 invited

48

ON DEMAND

38 general + 10 invited

ORGANIZERS & SUPPORTERS

Organized by:	Our Wave / MiStory
Co-organized by:	NPO Saya-Saya
Grant support:	United States–Japan Foundation

Our Wave
A safe harbor for survivors of sexual harm

MiStory Japan
Trauma Recovery is Possible

United States • Japan FOUNDATION

CONFERENCE PROGRAM

Research × Practice × Technology × Art

PRESENTATIONS	Trauma Recovery through MiStory International Research Culture & Gender / TRIP
PANEL 1	Trauma Recovery × Technology — *The Potential and Future of Trauma Tech*
PANEL 2	Trauma Recovery × Art — *Photography, Art Therapy & Readings*







SPONSORS & PARTNERS

Kitaohji Shobo · Igaku-Shoin · Nashinokisha · Seibundo · Guardian · ABELON · K.O. System Works · ioz.jp · The Hong Kong Polytechnic University · Hellenic Mediterranean University · INSPIRARE Global · European Association of Schools of Social Work · Stand Still · One Billion Rising Japan

Media Coverage

Featured across numerous media outlets



47 **MEDIA OUTLETS**

Coverage and republication expanded the conference's reach

@Dime	Ginza Keizai Shimbun	Tachikawa Keizai Shimbun
Jiyugaoka Keizai Shimbun	JBpress	Jorudan News!
Living Tokyo Web	Tokyo Shinbum TOKYO Web	Toyo Keizai Online
Nakano Keizai Shimbun	Shinagawa Keizai Simbun	TV Tokyo Plus
Asahi Shimbun Digital Magazine & [and]	STRAIGHT PRESS	TBS NEWS DIG
BtoB Platform Industry Channel	Ibbaraki Shimbun Cross Eye	Walkerplus
Sannichi Eye / Yamanashi Nichininichi Shimbun	Ichigaya Keizai Shimbun	Toremaga News
Jijji.com	Niconico News	Nihonbashi Keizai Shimbun
Akasaka Keizai Shimbun	PRESIDENT Online	Ikebukuro Keizai Shimbun
Mainichi Shimbun Digital	Zaikei Shimbun	Koenji Keizai Shimbun
SEOTOOLS	Shimokitazawa Keizai Shimbun	Nerima Keizai Shimbun
Jiji Medical	Hachioji Keizai Shimbun	Shinjuku Keizai Shimbun
Urepia Research	Chofu Keizai Shimbun	RBBTODAY
Infoseek News	Tokyo Bay Keizai Shimbun	Shibuya Keizai Shimbun
Mapion News	Sankei News	Roppongi Keizai Shimbun
Otakuma Keizai Shimbun	Kichijoji Keizai Shimbun	

PARTCIPANT SURVEY

What Participants Told Us

62 respondents; 61 valid responses to evaluation items *(July 20-August 31, 2026)*.

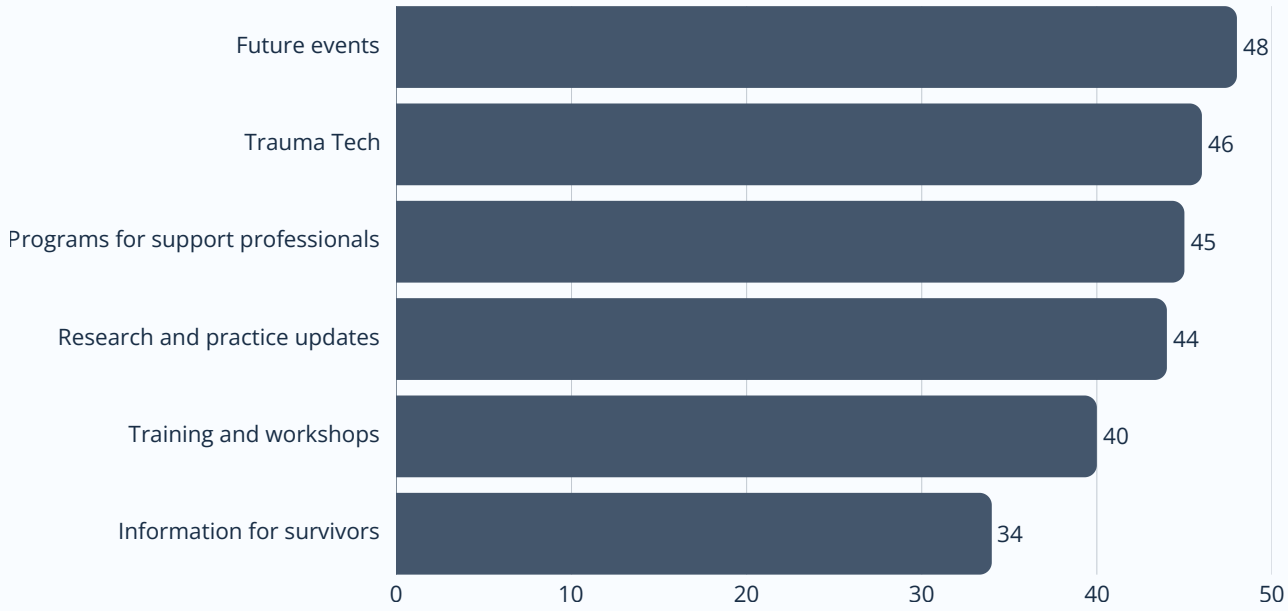
100%
Glad I attended
62.7% strongly agree

100%
Clear theme & objectives
68.9% strongly agree

100%
Felt safe participating
68.9% strongly agree

INTEREST IN FUTURE ACTIVITIES

Multiple responses (n=61)



PARTICIPANT FEEDBACK

"Seeing people from so many different fields working on trauma gave me hope for the future."

"The emphasis on understanding rather than diagnosis, and a nonjudgmental approach, made this conference feel safe."

"Hearing from researchers, support professionals, and survivors was deeply empowering."

"The integration of technology and art was fascinating, and I would love to learn more."

LOOKING AHEAD

Suggestions included advance interpretation guidance and rehearsal, translated materials, venue rest areas and drinking water, and improved online audio. Feedback will inform future events.