Conference Report

July 20, 2026 (Mon., National Holiday), 13:00–17:30 | St. Luke's International University | Hybrid Event · Japanese–English Simultaneous Interpretation







T R A U M A T O H E A L

TOTAL PARTICIPATION

327

In Person	Zoom	On Demand
156	123	48
126 attendees / 30 organizers & staff	110 general/supporter/survivor / 13 invited	38 general / 10 invited

PROGRAM

Research × Practice × Technology × Art

PRESENTATIONS	Trauma Recovery through MiStory International Research / Culture & Gender / TRIP
PANEL 01	Trauma Recovery × Technology — The Potential and Future of Trauma Tech
PANEL 02	Trauma Recovery × Art — Photography, Art Therapy & Readings

Organizers, Partners, Grant & Sponsors

Organized by: Our Wave / MiStory | Co-organized by: NPO Saya-Saya | Grant support: United States–Japan Foundation

Sponsors & Partners: Kitaohji Shobo, Igaku-Shoin, Nashinokisha, Seibundo, Guardian, ABELON, K.O. System Works, ioz.jp, The Hong Kong Polytechnic University, Hellenic Mediterranean University, INSPIRARE Global, European Association of Schools of Social Work, Stand Still, One Billion Rising Japan

Researchers, practitioners, and survivors from Japan and abroad came together to reimagine trauma recovery not merely as symptom reduction, but as the restoration of agency, connection, and hope.

Media Coverage and Acknowledgments

Conference announcements appeared in 47 media outlets across Japan. We sincerely thank them for their coverage.

47 MEDIA OUTLETS

These media placements helped share information about the conference and introduce the perspective of trauma recovery to a wider audience.

01 @DIME
02 Jiyugaoka Keizai Shimbun
03 Living Tokyo Web
04 Nakano Keizai Shimbun
05 Asahi Shimbun Digital Magazine & [and]
06 BtoB Platform Industry Channel
07 Sannichi Eye / Yamanashi Nichinichi Shimbun
08 Jiji.com
09 Akasaka Keizai Shimbun
10 Mainichi Shimbun Digital
11 SEOTOOLS
12 Jiji Medical
13 Urepia Research Institute
14 Infoseek News
15 Mapion News
16 Otakuma Keizai Shimbun
17 Ginza Keizai Shimbun
18 JBpress
19 Tokyo Shimbun TOKYO Web
20 Shinagawa Keizai Shimbun
21 STRAIGHT PRESS
22 Ibaraki Shimbun Cross Eye
23 Ichigaya Keizai Shimbun
24 Niconico News
25 PRESIDENT Online
26 Zaikei Shimbun
27 Shimokitazawa Keizai Shimbun
28 Hachioji Keizai Shimbun
29 Chofu Keizai Shimbun
30 Tokyo Bay Keizai Shimbun
31 Sankei News
32 Kichijoji Keizai Shimbun
33 Tachikawa Keizai Shimbun
34 Jorudan News!
35 Toyo Keizai Online
36 TV Tokyo Plus
37 TBS NEWS DIG
38 Walkerplus
39 Toremaga News
40 Nihonbashi Keizai Shimbun
41 Ikebukuro Keizai Shimbun
42 Koenji Keizai Shimbun
43 Nerima Keizai Shimbun
44 Shinjuku Keizai Shimbun
45 RBBTODAY
46 Shibuya Keizai Shimbun
47 Roppongi Keizai Shimbun

Thank you for helping us share the message: Trauma recovery is possible.

PARTICIPANT SURVEY

Key Findings from the Participant Survey

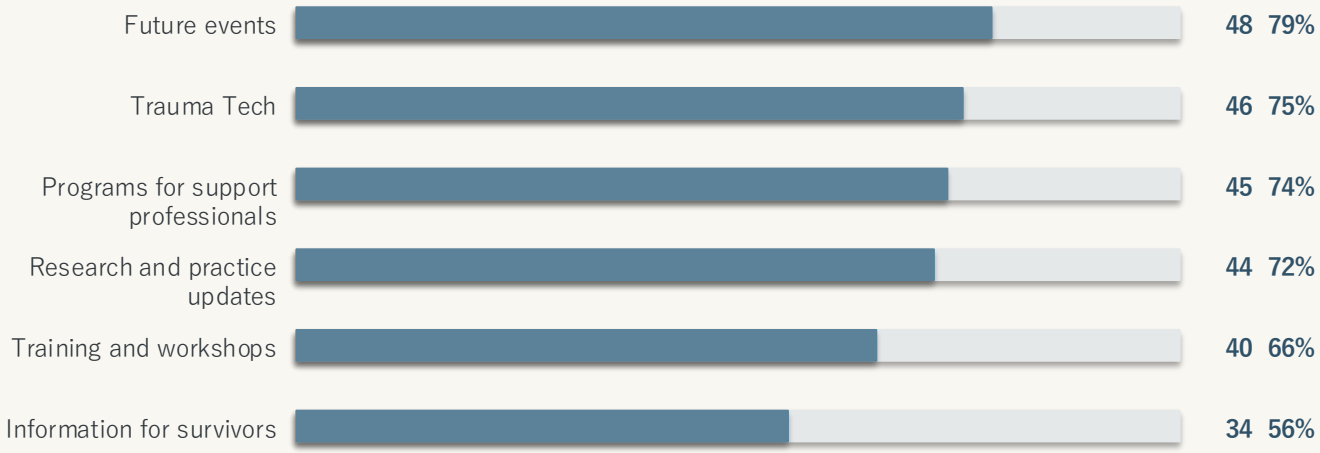
62 respondents | 61 valid responses to evaluation items (July 20–August 31, 2026)

100%
Glad I attended
Positive responses
67.2% “Strongly agree”

100%
Clear theme and objectives
Positive responses
68.9% “Strongly agree”

100%
Felt safe participating
Positive responses
68.9% “Strongly agree”

Interest in Future Activities (multiple responses; n=61)



Participant Feedback

“Seeing people from so many different fields working on trauma gave me hope for the future.”

“The emphasis on understanding rather than diagnosis, and a nonjudgmental approach, made this conference feel safe.”

“Hearing from researchers, support professionals, and survivors was deeply empowering.”

“The integration of technology and art was fascinating, and I would love to learn more.”

Looking Ahead

Participants also offered practical suggestions on advance guidance and rehearsal for simultaneous interpretation, translated materials, rest areas at the venue, drinking water, and online audio quality. We will incorporate this feedback into the planning and implementation of future events and initiatives.

Thank you to everyone who completed the survey.